**NIKE CUFF**

### Mode Limits

- **H2O RESIST 30m**
  - Tolerates incidental contact with water from rain, splashing, etc.
  - Not for swimming and bathing.

**OPERATING TEMPERATURE**
- -5 to 50° Celsius

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### Material Specifications

- **CRYSTAL**: Acrylic
- **STRAP**: 72% Cotton - 21% Nylon - 7% Rubber
- **CASE**: Polycarbonate
- **BEZEL**: ABS Plastic
- **BUTTONS**: Polycarbonate

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### Battery

- **CR2016 3V Lithium**

**Battery Replacement**
- Do not open watch back.
- Battery replacement must be performed by an authorized Nike service center to retain a valid warranty. In addition to battery replacement, the service center will test movement, gaskets, water resilience and hardware, to further ensure the long-term care of your watch.

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**ATTENTION**: Water damage may occur if the buttons are pressed underwater

**ATTENTION**: Hot steam may cause damage to the watch. Do not wear in steaming shower, spa or hot tub

**Warning**: Keep watch batteries away from children. If swallowed, contact a doctor immediately

**Warning**: Batteries contain chemical substances. They should be disposed of properly according to local regulations